#### **Psalm 103**

Praise the LORD, O my soul; all my inmost being, praise His holy name.

Praise the LORD, O my soul, and forget not all His benefits-

who forgives all your sins and heals all your diseases,

who redeems your life from the pit and crowns you with love and compassion,

who satisfies your desires with good things   
       so that your youth is renewed like the eagle's.

The LORD works righteousness and justice for all the oppressed.

He made known His ways to Moses, His deeds to the people of Israel:

The LORD is compassionate and gracious,

slow to anger, abounding in love.

He will not always accuse, nor will He harbor His anger forever;

He does not treat us as our sins deserve or repay us according to our iniquities.

For as high as the heavens are above the earth, so great is His love for those who fear Him;

as far as the east is from the west, so far has He removed our transgressions from us. As a father has compassion on His children,   
       so the LORD has compassion on those who fear Him; for He knows how we are formed, He remembers that we are dust.

As for man, his days are like grass,   
       he flourishes like a flower of the field; the wind blows over it and it is gone, and its place remembers it no more.

But from everlasting to everlasting   
       the LORD's love is with those who fear Him,   
       and His righteousness with their children's children- with those who keep His covenant and remember to obey His precepts.

The LORD has established His throne in heaven, and His kingdom rules over all.

Praise the LORD, you His angels, you mighty ones who do His bidding, who obey His word.

Praise the LORD, all His heavenly hosts, you His servants who do His will. Praise the LORD, all His works everywhere in His dominion.   
       Praise the LORD, O my soul.

**A pray journey on behalf of the World’s lost**

#### March 2010

***The Prayer Journey***

**The JOURNAL**

Record below how and what the Lord has spoken to you

during this prayer experience….

**The Journey**

The journey begins. Be sure to follow these instructions carefully for the best overall experience. The last page allows space for writing things God reveals to you as you move through the journey.

**Station One: Preparation**

It is important that you be in the right frame of mind as you begin your journey. Take a few moments and focus your attention on God. Fix your thoughts on Him. Pray to Him, and express your desire for a fresh encounter with Him.

Read Psalm 103 (on the back cover of booklet) and circle any words that impact you as you meditate on the scripture.

When you feel as though you’re focused, enter the doors and continue your journey.

**Station Two: Holy Ground**

When Moses stepped into the presence of God the Lord said, “Do not come any closer;” God told him, “Take off your sandals, for you are on holy ground.” (Exodus 3:5)

Today, this place is holy ground. Out of reverence for this holy ground and the presence of God, **please remove your shoes.**

**Station Three: Noise**

One word describes our lives more than any other—BUSY! Stare into the “snow” on the TV. As you glare into the “snow” consider the things that consume your schedule and take up your time. Realize that many of the things you do take away your time for the Lord. Ask Him to show you the things you spend your time doing that are hurting your relationship with Him. When you know what things are taking time away from the Lord, ask Him if you need to give those things up. You may want to write down some of the things the Lord shows you. When you’re done, pray that no “noise” would interrupt your time with the Lord today, then move on to the next station.

**Station Four: Letting Go**

Pick up a rock. Squeeze it tight. Run your fingers over every side of the rock. This rock represents things in your life that you have a hard time giving over to God. What is that area? It may be a secret sin that no one else knows about. It might be a relationship that is difficult for you. It could be something entirely different. It might be a stronghold. Only you know the parts of your life you’re holding on to — too tight!

Drop the rock in the bucket of water. As you let it go, let go of whatever part of you life you’re holding too tightly. **Psalm 55:22 says to “cast your cares on the Lord”. Hebrews 12:1 says “let us throw off everything that hinders and the sin that so easily entangles.”** Let this difficult part of your life sink right into the arms of Jesus. Let Him carry your burdens as you cast your cares upon Him.

Move to the next station.

**Station Five: Blindness**

Do you remember what it was like to be lost? Ponder where you were when He revealed His grace to you. Read 2 Cor. 3:12-18. Now take a blindfold and cover your eyes. 2 Cor. 3:12-18 speaks of the veil which covers the hearts of those who are yet to believe. Ask the Father to remove the veil of those on Sumatra who have not experienced the grace of the Lord Jesus. Then remove the blindfold from your eyes. Take a moment and thank Him for drawing you to Himself. You may need to journal something about this.

# Hear our cry, O Lord

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**Station Six: Lost**

Take one of the nails and hold it in your hand. Place it in your hand so the point is slightly painful in the palm of your hand. Think about the great sacrifice Jesus made on the cross when He was nailed there for the sins of His sheep. Thank Him for paying the price for your sin, and offering you the gift of eternal life. Read John 10:14-18. Jesus has “other sheep” from among the unreached of Sumatra. Ask Him to bring salvation to them. Ask Him to open their hearts and minds to their spiritual need. Ask Him to reveal Himself to them through the work of the Holy Spirit.

Move on to the next station when you’ve completed this prayer time.

**Station Seven: Praying with Your Hands**

At this station, pick up a piece of clay or play dough and pray with your hands. Shape and form something that represents whatever the Lord places on your heart to pray for at this point. When you’re done, return the clay to its original shape. Ask God to take your life and mold it according to His desires. He is the Potter, you are the clay.

**Station Eight: Others**

One of the most beautiful things about being a Christian is called INTERCESSION. It means to pray for others. While doing so, we are enabled to share in the problems and struggles of those we pray for. The Bible tells us to carry each other’s burdens, and that’s what we have the opportunity to do through praying for others.

Will you take a moment to pray for those who serve on Sumatra? As you pray, light a candle, asking that they will be light in the midst of great darkness. As you finish praying please blow out your candle before moving to the next station.

**Station Nine: Worship**

Around His throne will be people from every nation, every tongue, every tribe. This includes the unreached of Sumatra. Read Rev.7:9-10. Take a moment to thank God for His promise, the promise which means salvation. Allow your mind to focus on the music you hear. As you listen, worship Him. Thank Him that He is able to fulfill His promise. Worship the Lord in the splendor of His holiness.

**“Come let us bow down in worship, let us kneel before the Lord our maker.” (Psalm 95:6).**

After you have touched the heart of God with your postures of worship, feel free to move on to the next station.

**Station Ten: Here I Am, Send Me**

Read Isaiah 6:1-8. What commitment does the Lord want you to make? With one symbol, picture, word, or verse — leave an image of commitment on this graffiti board. Let this symbolize you committing to whatever the Lord revealed to you. What is the Lord calling you to, express it through art or verse.

**Station Eleven: Testimony, Love Letters**

Read 2 Cor. 3:1-3. Now that you’ve completed almost the entire journey, take a moment to make a journal entry on the book provided describing your experience. You can remain anonymous. Include important things God has shown you, things you have learned, and things you need to do as a result. Pour out your heart to God through your written words.

**Station Twelve: Prayer**

You are done! Congratulations! Now, take a moment of personal time for reflection. Seal your journey experience with a personal time of prayer.

If you have any needs, please contact any of the Leadership team, especially if you feel as though you need further direction, counseling, or prayer.

**Reflect:**

It is our desire that you have encountered the Father in a powerful, unique way through this ministry tool. Thank you for praying on behalf of the peoples of Sumatra.

After a few days, take time to look back at your experience. Thank you for continuing the battle with us.

“Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.” -Ephesians 6:13-18 (NIV)

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